S-26 GOLD® TODDLER

AVAILABLE in
STICKPACK SACHETS (4 x 30g)
or CAN (900g)

AUSTRALIAN MADE

A serve of this milk drink provides:

Omega 3 from 100% vegetable sources

50% of the RDI for **added B vitamins** – B6 and B12 help contribute to normal energy metabolism

31% of the RDI for **calcium**, necessary for normal teeth and bone structure

50% of the RDI for **iron**, to help support toddlers' growth & development

These assist when dietary intakes are inadequate.

WANT TO FIND OUT MORE?

Call our CAREline: 1800 552 229

CAREline
with you at every step

aspen NUTRITIONALS

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NUTRITIONAL INFORMATION

Formulated supplementary food for young children 12 months and over

Refer to pack for specific guide and ingredient list.

Servings per can: Approx. 30 Serving size: Approx. 220mL (30g and 200mL of water)		Per Serving (220mL)	Per 100mL	% RDI† per serving (1-3 yrs)
Energy	kJ	594	270	
Protein	g	5.5	2.5	
Fat, total	g	6.3	2.8	
Saturated	g	1.3	0.57	
Trans	g	0.03	0.01	
Polyunsaturated	g	2.6	1.2	
Omega 3				
DHA	mg	4.0	1.8	
α-Linolenic Acid	mg	343	156	
Omega 6				
AA	mg	5.7	2.6	
Linoleic Acid	g	2.1	0.94	
Monounsaturated	g	2.0	0.91	
Carbohydrate	g	16	7.2	
Sugars	g	16	7.2	
Sucrose	g	0	0	
Dietary Fibre	g	0	0	
Sodium	mg	92	42	
Vitamins				
Vitamin A	µg	75	34	25
Beta-Carotene (RE)	µg	5.5	2.5	
Vitamin D	µg	1.4	0.63	28
Vitamin E	mg	2.5	1.1	50
Vitamin B_1	mg	0.25	0.11	50
Vitamin B_2	mg	0.40	0.18	50
Vitamin B_6	mg	0.35	0.16	50
Vitamin B_{12}	µg	0.50	0.23	50
Niacin	mg	2.5	1.1	50
Folate	µg	50	23	50
Vitamin C	mg	15	6.8	50
Minerals				
Calcium	mg	220	100	31
Phosphorus	mg	176	80	35
Magnesium	mg	22	10	28
Iron	mg	3.0	1.4	50
Zinc	mg	1.1	0.50	25
Iodine	µg	35	16	50
Lutein	µg	44	20	

All quantities are expressed as averages.

†Recommended Dietary Intake (Food Standards Code)

Contains milk and soy.

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