

Alula Advance+ Junior

2 years+



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NUTRITION INFORMATION

Refer to pack for feeding guide and ingredient list.

Formulated supplementary food for young children.

Serves per can: Approx. 22 Serve size: Approx. 230mL (35g + 200mL water)	Per Serve (230mL)	Per 100mL	%RDI† Per Serve (1-3 yrs)
Energy	702 kJ	305 kJ	
Protein	7.6 g	3.3 g	
Fat, total	9.2 g	4.0 g	
Saturated	5.9 g	2.6 g	
Trans	0.38 g	0.17 g	
Polyunsaturated	0.24 g	0.10 g	
Total Omega 3	95 mg	41 mg	
DHA	35 mg	15 mg	
α-Linolenic Acid (ALA)	35 mg	15 mg	
Monounsaturated	1.9 g	0.83 g	
Carbohydrate	13.0 g	5.7 g	
Sugars	13.0 g	5.7 g	
Lactose	13.0 g	5.7 g	
Dietary fibre	1.45 g	0.63 g	
GOS	1.3 g	0.57 g	
FOS	0.15 g	0.07 g	
Sodium	100 mg	43 mg	
Vitamins			
Vitamin A	98 µg	43 µg	33
Vitamin B ₁	0.2 mg	0.09 mg	40
Vitamin B ₂	0.4 mg	0.17 mg	50
Vitamin B ₆	0.27 mg	0.12 mg	39
Vitamin B ₁₂	0.50 µg	0.22 µg	50
Vitamin C	15 mg	6.5 mg	50
Vitamin D	2.0 µg	0.87 µg	40
Vitamin E	2.2 mg	0.96 mg	44
Folate	48 µg	21 µg	48
Niacin	1.9 mg	0.83 mg	38
Minerals			
Calcium	267 mg	116 mg	38
Iodine	25 µg	11 µg	36
Iron	2.6 mg	1.1 mg	43
Magnesium	32 mg	14 mg	40
Phosphorus	150 mg	65 mg	30
Zinc	1.1 mg	0.50 mg	25
Lutein	44 µg	19 µg	

Contains milk and soy.

All quantities are expressed as averages.

†Recommended Dietary Intake (Food Standards Code).



Our Australian-based Careline is on hand to support you with any questions you may have about our products. Our dedicated team are here to help with information on a wide range of topics, including feeding and nutrition. Our Careline is available Monday - Friday 8:30am - 4:30pm AEST on **1800 552 229**.

www.meandmychild.com.au

If you have an urgent question about the health of your child, please contact your health-care professional.



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