

# S-26 ALULA GOLD FOLLOW-ON



## S-26 Alula Gold Follow-On NUTRITION INFORMATION

Refer to pack for serving guide and ingredient list.

Average per 100mL as prepared (13.0g + 90mL water)		
Energy	273	kJ
Protein	1.30	g
50% Whey	0.65	g
50% Casein	0.65	g
Fat	3.49	g
Sn-2 Palmitate	0.32	g
Omega 3		
DHA	12	mg
$\alpha$ -Linolenic Acid (ALA)	58	mg
Omega 6		
AA	12	mg
Linoleic Acid (LA)	552	mg
Carbohydrate	7.19	g
<b>Vitamins</b>		
Vitamin A	61.5	$\mu$ g
Vitamin B <sub>1</sub>	51	$\mu$ g
Vitamin B <sub>2</sub>	173	$\mu$ g
Vitamin B <sub>6</sub>	40	$\mu$ g
Vitamin B <sub>12</sub>	0.25	$\mu$ g
Vitamin C	8.5	mg
Vitamin D	1.25	$\mu$ g
Vitamin E	0.67	mg
Vitamin K	3.4	$\mu$ g
Biotin	1.5	$\mu$ g
Folate	10	$\mu$ g
Niacin	400	$\mu$ g
Pantothenic Acid	350	$\mu$ g
<b>Minerals</b>		
Calcium	76	mg
Chloride	68	mg
Copper	60	$\mu$ g
Iodine	13	$\mu$ g
Iron	1.2	mg
Magnesium	8.5	mg
Manganese	35	$\mu$ g
Phosphorus	51	mg
Potassium	98	mg
Selenium	1.8	$\mu$ g
Sodium	32	mg
Zinc	0.42	mg
Choline	10	mg
Inositol	4.5	mg
Lutein	9.6	$\mu$ g
Nucleotides	2.6	mg
Taurine	4.7	mg

Want to find out more.



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[www.meandmychild.com.au](http://www.meandmychild.com.au)

Contains milk and soy.