

# S-26<sup>®</sup> ALULA GOLD TODDLER



## S-26 Alula Gold Toddler NUTRITION INFORMATION

Refer to pack for serving guide and ingredient list.

<b>Formulated supplementary food for young children 12 months and over.</b>				
Serves per can: Approx. 30 Serve size: Approx. 220mL (30g + 200mL water)		Per serve (220mL)	Per 100mL	% RDI* per serve (1-3 yrs)
Energy	kJ	594	270	
Protein	g	2.86	1.30	
Fat, total	g	6.25	2.84	
Saturated	g	1.23	0.56	
Trans	g	0.04	0.02	
Polyunsaturated	g	2.46	1.12	
Total Omega 3	mg	403	183	
DHA	mg	30.1	13.7	
$\alpha$ -Linolenic Acid (ALA)	mg	372	169	
Monounsaturated	g	2.18	0.99	
Carbohydrate	g	18.5	8.42	
Sugars	g	18.5	8.42	
Lactose	g	18.5	8.42	
Sucrose	g	0	0	
Dietary Fibre	g	0	0	
Sodium	mg	32	15	
<b>Vitamins</b>				
Vitamin A	$\mu$ g	105	48	35
Vitamin B <sub>1</sub>	mg	0.25	0.11	50
Vitamin B <sub>2</sub>	mg	0.40	0.18	50
Vitamin B <sub>6</sub>	mg	0.35	0.16	50
Vitamin B <sub>12</sub>	$\mu$ g	0.50	0.23	50
Vitamin C	mg	15	6.8	50
Vitamin D	$\mu$ g	1.7	0.78	34
Vitamin E	mg	2.5	1.1	50
Folate	$\mu$ g	50	23	50
Niacin	mg	2.5	1.1	50
<b>Minerals</b>				
Calcium	mg	240	109	34
Iodine	$\mu$ g	35	16	50
Iron	mg	3.0	1.4	50
Magnesium	mg	22	10	28
Phosphorus	mg	175	80	35
Zinc	mg	1.1	0.50	25
Lutein	$\mu$ g	44	20	

Want to find out more.



Phone: 1800 552 229

Or visit: [www.alula.com.au](http://www.alula.com.au)  
[www.meandmychild.com.au](http://www.meandmychild.com.au)

All quantities are expressed as averages  
\*Recommended Dietary Intake (Food Standards Code)

**Contains milk and soy.**